I think there comes a time in every relationship when you realize that the person your dating now is not the person you started dating way back when. Throughout the course of a relationship especially a year long one you're both going to grow and change, maybe you'll grow in the same direction but maybe and chances are you won't. Sadly that's just the way it works some times

I don't care who you are a year is a long time to date someone. I think that its time you stepped back and evaluated the situation and your relationship. Is this someone you can see yourself marrying? Obviously not if you think she's crazy. In regards to investing so much time into the relationship that you would hate to give it up. Look at it in this light, so you've "invested" a year so far you don't really see yourself with this person forever but a year is such a long time to waste on a relationship so another year goes by and another next thing you know your proposing to some crazy person because you have already put so much time in. let me tell you this year was not a waste it was a "learning experience" and the way I see it if she's not what you're looking for any more than don't spend any more time trying to make her. It wouldn't be fare to her if you did.

One last thing: try asking her why she is acting so crazy. Except don't use the word crazy, girls hate that word with a passion, instead say on edge it sounds nicer and you're going to need all the "nice" you can get for this conversation, maybe it's a simple problem with a simple solution. Or not I don't really know. Any way good luck and remember, like a flower a relationship can only blossom if the time is put into tend and care for it. If you are not willing to put in the time, then the flower like your relationship will never blossom.

Brian Sperry Advice